



The CJS Newsletter

Keep on inquiring, keep on discovering, keep on learning

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'Education is not the filling of a pail, but the lighting of a fire.-Yeats'

Dates for your Diary:

- Next Week – Book Week
A week-long celebration of books!
- 5th April – P1 Assembly and Book Character Day (come dressed as your favourite book character)
- 12th April – Top Class Assembly
- 17th April – Reports home
- 18th April P6 Assembly
- 19th – 22nd April – Easter (No school)

Nutrition at CJS

We have created a food policy document in consultation with a nutritionist, and approved by our Parents Advisory Board. You can find it [here](#) if you would like to look at it in detail. In summary we provide a healthy mid-morning snack, lunch and fruits every day, in health proportions of vegetables and protein.

We encourage regular drinking of water, and ask parents to ensure their children come to school with a water bottle, having had a healthy breakfast. Children will be hungry after a day of playing and learning, so they should get a healthy snack when they get home.



Ms Megan started Tiny Tots last year, and it's been going from strength to strength ever since!

Tiny Tots

Our carers and youngest learners group meets every Tuesday and Thursday mornings from 8.30-11.30am in the school library. The group is for little ones from 0-3 years accompanied by a parent or other carer, at a cost of 15,000, but 1st SESSION IS FREE!

This is a lovely group, and while it is a lot of fun for the little ones it is also very important for them to have this kind of interaction for their early childhood development. Research says having the right interaction at this age is critical for future development. We also work with the accompanying adults to teach them impactful interaction. If you have babies and toddlers please come along, and let your friends with tiny tots know too!

Market Day!

We would love to see the CJS community strengthened, and thought that a good way to do this could be to hold an after school market open to all parents each Thursday. We encourage parents interested in selling at the after school market to talk to Alice, and for those who would like to combine school pick up with some shopping, watch this space!



Using tablets and laptops at home

It is important that our children are comfortable with using technology, and we encourage supervised use of laptops or tablets at home. However parents should be aware that there are dangers in allowing children unrestricted access to the internet, and we want to protect children from seeing things they should not be exposed to. Here are some tips to ensure children can use tablets and computers safely:

- Make sure computers are in a shared space like the kitchen or living room where you can observe your children using them.
- Keep your phone or PC locked and don't share your PIN with your children so that they aren't able to use your devices unsupervised.
- Install a parental control extension to Chrome, such as 'Tiny Blocker' and make sure it is activated so they are able to use the internet on your laptop.
- Install 'YouTube Kids' on your phone in case they need some entertainment on the go – this offers only child friendly youtube content.
- Amazon fire kids tablets are great for children, and provide a safe online environment. You can also control how long they can access apps, internet, video and books.



Phase 4 Building works

Clarke Junior School continues to go from strength to strength. Next year for the first time we will offer all Primary Years from Babies up to P7. We don't want to squash up or jeopardise our learning spaces, so we are delighted to announce we will be building a 4th phase of our school masterplan. We will start over the May holiday; the building site will be fenced off and will be inaccessible to children. We are excited to be such a flourishing centre of learning excellence.



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*Congratulations Lowena P6 for having her first book published!
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